



PRE-SEPARATION SEMINAR TO RETIREMENT & BEYOND

**FEDERAL RETIREMENT THRIFT
INVESTMENT BOARD**
77 K Street, NE Washington, DC 20002
1-877-968-3778 · TSP.GOV

Agenda

- **First Steps: Preparing for Separation**
- **Changes on the way: TSP Modernization Act of 2017**
- **Turning Savings to Income: The TSP Retirement Income Options**
- **Withdrawal Rules: Other Considerations**
- **Planning Your Legacy: TSP Death Benefits**
- **TSP Resources**



Preparing for Separation

First Steps

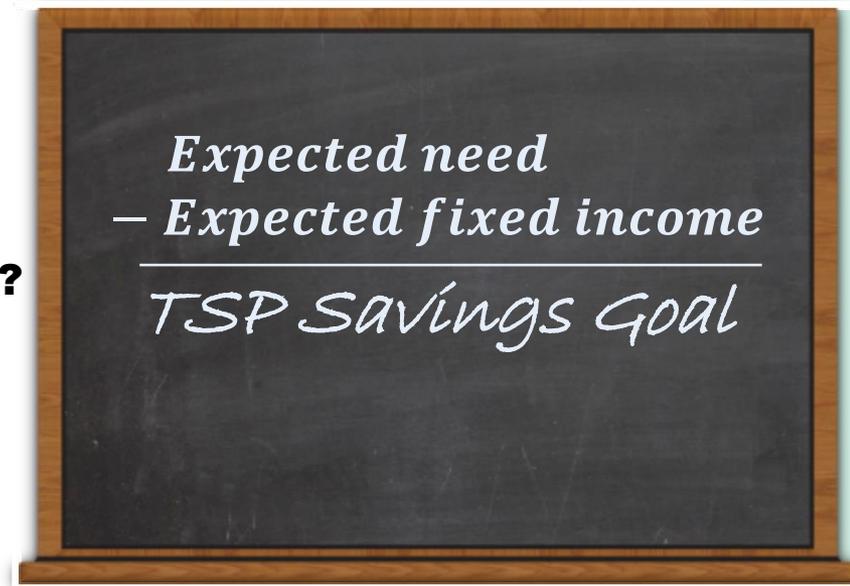


Sources of Retirement Income



Pension(s)

**Job in
retirement?**



Expected need
– *Expected fixed income*
—————
TSP Savings Goal

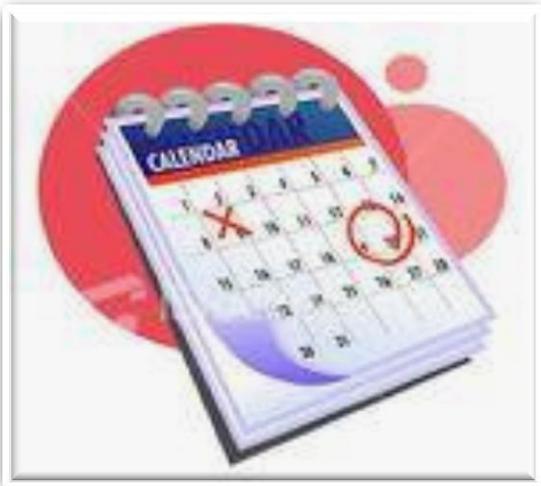
Social Security

Savings (TSP)



Contribution Considerations

The limits on your TSP contributions are annual limits



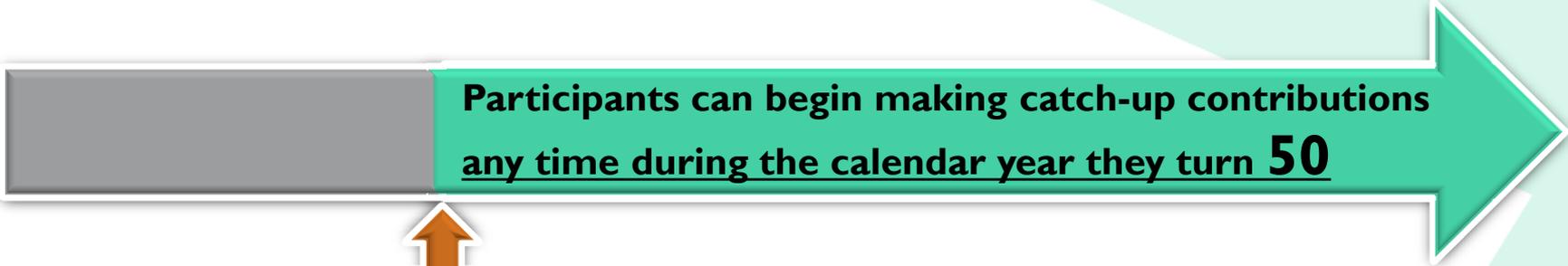
Your TSP contributions and any other contributions you make to employer plans* during the same calendar year count toward the IRS elective deferral limit

It is permissible to contribute the maximum amount over less than the full tax year



*Governmental 457(b) plans have separate limit

Catch-Up Contributions



Participants can begin making catch-up contributions any time during the calendar year they turn 50

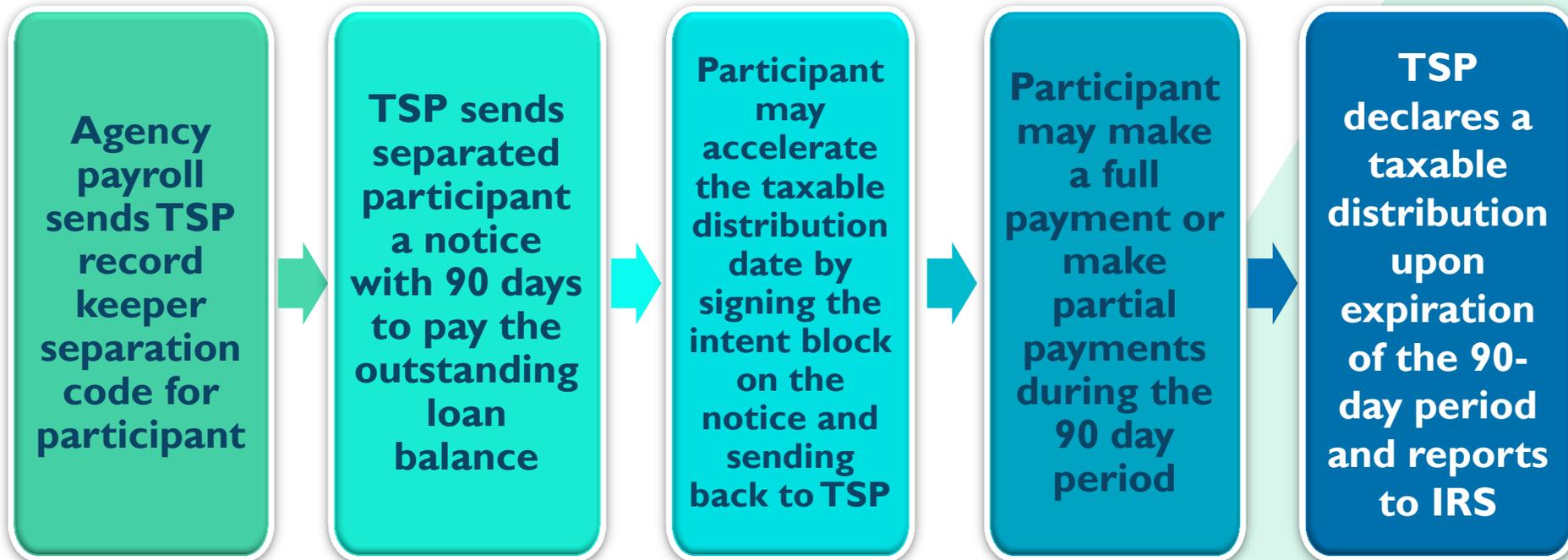


January 1

- In addition to the regular TSP contributions
- Dollar amount only
- Require a separate election
- A new election must be submitted for each calendar year
- Electronic election or TSP-I-C/TSP-U-I-C
- Maximum contribution for 2017 is \$6,000
 - Must self-certify intent to make regular contributions up to the elective deferral limit
- No agency matching on catch-up contributions

Loans and Separation from Federal Service

- TSP loans must be settled within 90 days of separation to avoid a taxable distribution
- Participant may reamortize or make additional payments prior to separation
- No post-service withdrawals will be processed until loan has either been paid in full or a taxable distribution of remaining balance has been declared



See [tsp.gov/planparticipation](https://www.tsp.gov/planparticipation) or the TSP booklet, *Loans* (pages 10-12), for more information

Make sure your personal data is correct

Participant
Address

Before separating, ensure that all personal data on file with the TSP is correct

Thrift Savings Plan

Participant Information (Redacted)

Your Quarterly Statement for the period 10/01/2013 – 12/31/2013

Account Number: [Redacted]

Date of Birth: [Redacted]
Retirement Coverage: FERS
Employment Status: Active
Service Required for Vesting: 3 years from [Redacted]

A Message for You

Great news! Now you can easily access your TSP account through your Android, iPhone, or similar smartphone by visiting the TSP's website (tsp.gov). You do not need to download an app to use this great feature. Just go to My Account from your smartphone and you will be directed to a mobile version, where you can view your account balance, transaction history, and perform contribution allocations and interfund transfers. Want to visit the non-mobile site? Just select the "Full Site" button on the top right of the screen.

Your Personal Rate of Return

Last 12 Months
10.26%

Questions? tsp.gov
ThriftLine: 1-TSP-YOU-FRST
1-877-968-3778
Outside U.S. and Canada: 404-233-4400
TDD: 1-TSP-THRIFT5
1-877-847-4385
YouTube.com/TSP4gov

To correct personal or contribution information, contact your agency.

Here's how the value of your TSP account has changed.

Value on October 1, 2013	\$77,376.86
Contributions and Additions	\$878.08
Withdrawals and Deductions	-\$14,000.00
Investment Gain (or Loss)	\$1,318.74
Value on December 31, 2013	\$65,371.68

Your vested account balance is \$65,371.68

Your account balance distribution

L 2050	0%	G Fund	62%
L 2040	0%	F Fund	0%
L 2030	0%	C Fund	28%
L 2020	0%	S Fund	9%
L Income	0%	I Fund	1%

Your investment allocation for future contributions

L 2050	0%	G Fund	60%
L 2040	0%	F Fund	0%
L 2030	0%	C Fund	30%
L 2020	0%	S Fund	5%
L Income	0%	I Fund	5%

Participant
Information

Report errors to your agency for correction



Costs of Investing with the TSP

	G Fund	F Fund	C Fund	S Fund	I Fund	L Income	L 2020	L 2030	L 2040	L 2050
2016 Administrative Expenses										
Gross	0.052%	0.052%	0.052%	0.051%	0.053%	0.052%	0.052%	0.052%	0.052%	0.052%
Net¹	0.038%	0.038%	0.038%	0.038%	0.039%	0.038%	0.038%	0.038%	0.038%	0.038%
Other Expenses²										
	0.000%	0.017%	0.004%	0.041%	0.014%	0.003%	0.007%	0.009%	0.011%	0.012%

¹ Net administrative expenses are the expenses charged to TSP participants per dollar invested in the respective funds after offsetting gross administrative expenses with account forfeitures and loan fees.

² Fees associated with securities lending are not included in 2016 administrative expenses.

- Consistent with standard practice in the industry, they are charged in addition to administrative expenses.
- The other expenses represent fees paid to the investment manager for administering securities lending programs.

Income earned from these programs improved the returns of the funds



TSP's Net Administrative Expenses Compared with the Average

Average 401(k) Plan

TSP



\$0.38 per \$1,000¹



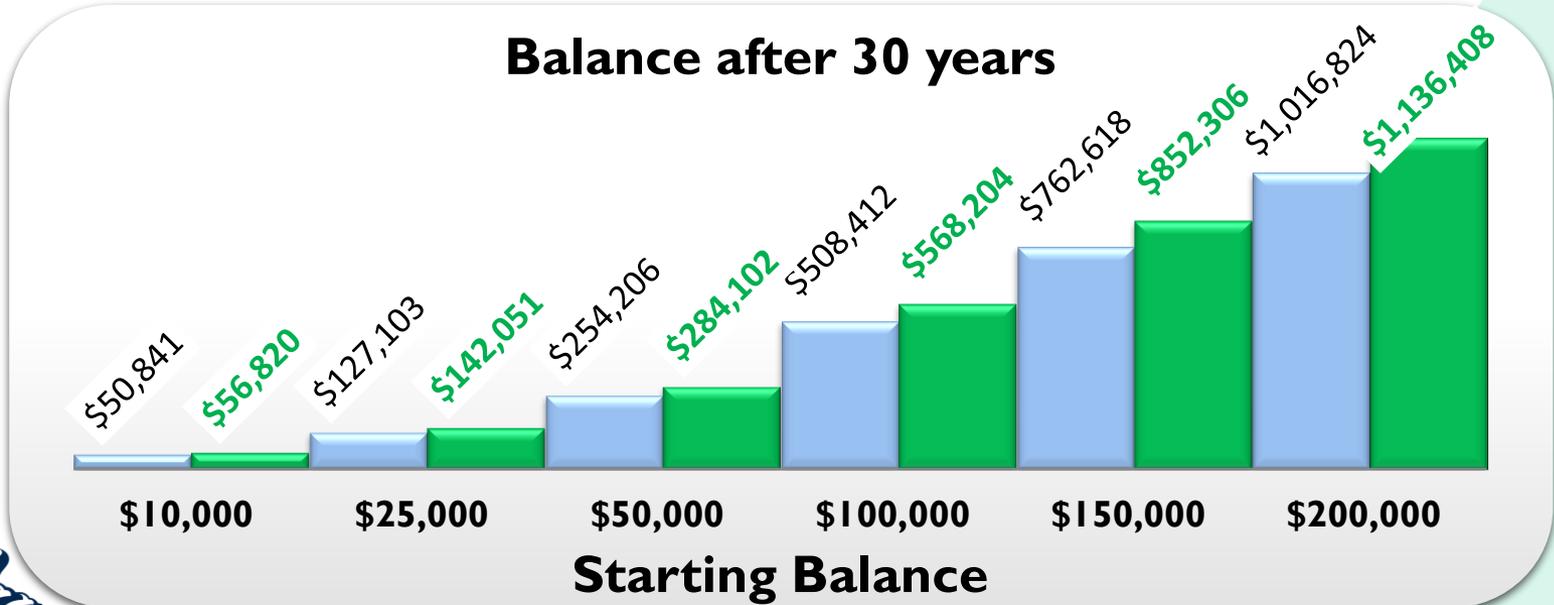
\$4.30 per \$1,000²

(Approximately 12 times more than the TSP!)

¹ Net administrative expenses charged to the TSP participant across all funds, 2016

² Median estimated 401(k) plan fees. Source: *11th Annual NEPC Defined Contribution Plan & Fee Survey Webinar, Sep 2016*

Effect of TSP's Expenses on Long-Term Returns



 Avg. 401(k)
 TSP



*Calculation discounts 6.0% RoR by .43% (Avg. 401(k)) and .038% (TSP) with compounding annually to determine values

Moving Money From Other Plans Into TSP

Transfer (Direct)

Eligible Employer Plans (Traditional or Roth)

- 401(k), 403(b), 457(b)
- Sep IRA, SIMPLE

Traditional IRA (Pre-tax only)

NOT Roth, Education or Inherited IRAs

Money moves directly from an eligible plan or retirement account into the TSP
Participant does not have use of the money

The amount transferred or rolled over into the TSP account is allocated according to the current contribution allocation on file

Rollover (Indirect)

Eligible Employer Plans (Traditional only)

- 401(k), 403(b), 457(b)
- Sep IRA, SIMPLE

Traditional IRA (Pre-tax only)

Participant has use of the money for 60-days
May result in tax withholding and early withdrawal penalty if under age 59.5

Need to complete:

- ① Withdrawal process from eligible plan
- ② TSP-60/TSP-60R

Combining TSP Accounts

- If you have both a uniformed services and a civilian TSP account **AND** are separated from the service associated with one of them, you can transfer your balance out of that account and into the other account
- You may transfer in either direction if separated from both

THRIFT SAVINGS PLAN
REQUEST TO COMBINE CIVILIAN AND
UNIFORMED SERVICES TSP ACCOUNTS

TSP-65

I. INFORMATION ABOUT YOU

1. Last Name First Name Middle Name
2. TSP Account Number 3. Date of Birth (MM/DD/YYYY) 4. Current Home (Street, Apt., and Mailbox)
5. Foreign address? Check here 6. Street Address or Box Number (For a foreign address, see instructions.)
Street Address Line 2
7. City 8. State 9. Zip Code

II. REQUEST TO COMBINE ACCOUNTS — Indicate how you want to combine your TSP accounts. (Restrictions apply; see instructions.)

10. Transfer my uniformed services TSP account into my civilian TSP account. (Complete Section III if married CSRS.)
OR
 Transfer my civilian TSP account into my uniformed services TSP account. (Go to Section IV.)

III. SPOUSE'S CONSENT TO TRANSFER UNIFORMED SERVICES ACCOUNT INTO CSRS ACCOUNT — Spouse must read the instructions and complete Items 11-13.

Consent: By signing below, I consent to my spouse's request to transfer the money in his or her uniformed services TSP account to a CSRS civilian TSP account. I understand that I am giving up the right to consent to a loan or withdrawal from the funds that are transferred.

11. Spouse's Name (Last, First, Middle)
12. Spouse's Signature
13. Date Signed (MM/DD/YYYY)

NOTARY: Please complete the following. No other acknowledgment is acceptable (see instructions).
The person who signed Item 12 is known to or was identified by me and, before me, signed or acknowledged to have signed this form. In witness thereof, I have signed below on this ___ day of _____, _____, 20__.

My commission expires: _____
[Seal] Notary's Signature
Notary's Printed Name Notary's Phone Number
Address

14. **Participant:** If you cannot obtain your spouse's signature, provide your spouse's name (in Item 11) and Social Security number here and submit Form TSP-16, Exception to Spousal Requirements, along with this request. Spouse's Social Security Number

IV. CERTIFICATION — By signing below, you are authorizing the TSP to combine your civilian and uniformed services TSP accounts. You are certifying that you understand that tax-exempt amounts from the traditional balance of your uniformed services account, if any, cannot be transferred to a civilian TSP account. You are also certifying that, if you are transferring a uniformed services account into a CSRS account and you did not complete Section III, you are an unmarried participant. **Warning:** Any intentional false statement in this application or willful misrepresentation concerning it is a violation of law that is punishable by a fine or imprisonment for as long as 5 years, or both (18 U.S.C. § 1001).

15. Participant's Signature
16. Date Signed (MM/DD/YYYY)

Do Not Write Below This Line

FORM TSP-65 (4/2012)
PREVIOUS EDITIONS OBSOLETE

Note: A tax-exempt balance in a uniformed services account cannot be transferred to a civilian TSP account

TSP Modernization Act of 2017

Changes on the Way



Status

- Senators Rob Portman and Tom Carper introduced **S. 873**, on April 6, 2017
- Congressmen Mark Meadows (R-NC) and Elijah Cummings (D-MD) introduced H.R. 3031 on June 23, 2017
- The committees assigned this bill sent it to the House and Senate as a whole for consideration on July 19, 2017

Will allow for more flexibility in making withdrawals from the TSP

- Allow multiple age-based withdrawals
- Allow multiple partial withdrawals
- Allow periodic payments to be scheduled either monthly or quarterly
- Allow periodic payment amounts to be changed anytime
- Allow those taking periodic payments to stop payments and leave the remaining balance in the TSP
- Allow the election of a partial withdrawal or the purchase of a TSP annuity while still receiving periodic payments
- Eliminate the requirement that participants make a post-separation withdrawal election by April 1 of the year following the year in which they turn 70 ½ or separate from the service, whichever is later*



*Participants would still be subject to IRS RMD rules, but they could satisfy the RMDs without making a post-separation withdrawal election

The TSP Retirement Income Options

Turning Savings to Income



Consider Your Options

- If you don't need income from your account immediately and your balance is at least \$200, you can leave your savings in the TSP until you're ready
- According to IRS rules, you must begin to take "Required Minimum Distributions" by April 1st of the year following the year you become 70½ AND are separated from service, but there's no requirement to take all of your money out after you separate
- Once you separate, if you still have a balance in your account, you can transfer or roll over balances from traditional IRAs or eligible employer retirement plans into the TSP
- All of this means, you can continue to:
 - Make changes to your investment mix by making interfund transfers
 - Take advantage of the TSP's ultra low costs and the well designed investment fund options
 - Defer income taxes on your TSP balance until you're ready to begin receiving distributions



See: [tsp.gov](https://www.tsp.gov) → Life Events → Career → Separating From Government Service

Post-Service Withdrawals

Partial Withdrawal

- Lump sum

Full Withdrawal Options

- Monthly Payments
- Life Annuity
- Lump sum
- Combination of any of the above



See tsp.gov/plan participation or the TSP booklet, *Withdrawing Your TSP Account*, for more information

Partial Withdrawal

- A partial withdrawal is a lump sum withdrawal of \$1,000 or more
- You may take a partial withdrawal if you:
 - Have not previously requested a partial or full withdrawal
 - Have not taken an age-based in-service withdrawal

 **THRIFT SAVINGS PLAN** TSP-77
REQUEST FOR PARTIAL WITHDRAWAL WHEN SEPARATED

I. INFORMATION ABOUT YOU

1. This request applies to my: Civilian Account **OR** Uniformed Services Account

2. Last Name: _____ First Name: _____ Middle Name: _____

3. TSP Account Number: _____ 4. Date of Birth (mm/dd/yyyy): ____/____/____ 5. Daytime Phone (Area Code and Number): _____

6. Foreign address? Check here. 7. Street Address or Box Number (For a foreign address, see instructions on back): _____
Street Address Line 2: _____

8. City: _____ 9. State: _____ 10. Zip Code: _____ - _____

II. PARTIAL WITHDRAWAL REQUEST

11. Amount you want to withdraw: \$ _____,_____,_____.00 (amount must be \$1,000 or more)

III. TRANSFER ELECTION

12. I would like to **transfer** all or a portion of my withdrawal request to an IRA or eligible employer plan. (**Note:** You must include the completed applicable transfer page(s) from this form with your withdrawal request package.)

IV. DIRECT DEPOSIT INFORMATION — This section is optional. Complete this section if you want the portion of your withdrawal that is **not** being transferred (Sections IX–XII) directly deposited into your checking or savings account.

13. Type of Account: Checking Savings

14. Name of Financial Institution: _____

15. ACH Routing Number (Must be 9 digits): _____ 16. Checking or Savings Account Number: _____

V. ADDITIONAL TAX WITHHOLDING — This section is optional. If you would like more than the mandatory 20% Federal tax withholding, complete this section. If a portion of your withdrawal is a Required Minimum Distribution, the TSP must withhold 10% of that portion. Withholding does not apply to amounts transferred to IRAs or eligible employer plans or which are otherwise nontaxable (see instructions).

17. In addition to the mandatory 20%, withhold this amount for Federal income tax: \$ _____,_____,_____.00

VI. CERTIFICATION AND NOTARIZATION — I certify that the information I have provided on all pages of this withdrawal request is true and complete to the best of my knowledge. **If I did not complete Section VII or VIII on Page 2, I further certify that I am an unmarried TSP participant. Warning:** Any intentional false statement in this application or willful misrepresentation concerning this request is a violation of law that is punishable by a fine or imprisonment for as long as 5 years, or both (18 U.S.C. 1001).

18. Participant's Signature: _____ 19. Date Signed (mm/dd/yyyy): ____/____/____

20. **Notary:** Please complete the following. No other acknowledgement is acceptable (see instructions). The person who signed Item 18 is known to or was identified by me and, before me, signed or acknowledged to have signed this form. In witness thereof, I have signed below on this _____ day of _____ Month _____ Year _____

My commission expires: _____ Date (mm/dd/yyyy) _____

Notary's Signature: _____
Notary's Printed Name: _____ Notary's Phone Number: _____
Jurisdiction: _____

Do Not Write Below This Line

 **FORM TSP-77, Page 1 (2/2015)**
PREVIOUS EDITIONS OBSOLETE

III. TRANSFER ELECTION

12. I would like to **transfer** all or a portion of my withdrawal request to an IRA or eligible employer plan. (**Note:** You must include the completed applicable transfer page(s) from this form with your withdrawal request package.)

a. Single Payment

- Also referred to as a **Lump Sum** payment
 - You can withdraw your entire TSP account balance in a single payment
 - You can transfer or roll over all or part of your TSP account to an IRA or another eligible retirement account
 - Any taxable amount withdrawn but not transferred or rolled over will be subject to ordinary income tax for the year of withdrawal



b. Life Annuity

- TSP life annuity
 - Income is assured for the life of the annuitant(s)
 - Funds are transferred from TSP to the annuity provider, and benefits are “locked in” when the request is processed

	Single Life	Joint Life with Spouse	Joint Life with Other Survivor
Survivor benefit (50% or 100%)		✓	✓
Level payments	✓	✓	✓
Increasing payments	✓	✓	
Cash refund	✓	✓	✓
10-year certain	✓		

c. TSP Monthly Payments

Fixed Dollar Amount

- Amount specified by participant
- Minimum payment \$25
- May change dollar amount annually
- **May be able to** transfer payments to an IRA or another eligible plan*
- **May be able to** adjust amount of tax withholding*
- May change direct deposit information
- May request a final single payment anytime

Based on Life Expectancy

- Payments are computed by TSP
- Amount automatically adjusts annually
- May adjust amount of tax withholding
- May make a one-time change to fixed dollar amount
- May request a final single payment anytime

* Ability to transfer or adjust withholding depend upon type of payment per IRS rules (will be discussed later)

d. Custom: Mixed Withdrawal

IV. WITHDRAWAL ELECTION — This section is required. Choose one or more methods. Indicate percentages in whole numbers. If choosing monthly payments, include the dollar amount of each payment or choose to have the TSP compute your payments based on your life expectancy.

23. I would like to withdraw my entire account balance as follows:

a. .0% Single Payment

b. .0% Life Annuity (Must equal \$3,500 or more. Also complete Page 6.)

c. .0% TSP Monthly Payments → Tell us how to pay your monthly payments:

100 % (Total a, b, and c)

\$, .00 per month (\$25.00 or more)

OR

Compute my payments based on my life expectancy.



Required Minimum Distributions

70.5

Separated

April 1st

RMD

Each
Year

IRS
Table

After you have separated from Federal service or the uniformed services, you are required to make a withdrawal choice by April 1 of the year following the year you turn age 70½

You must receive your “Required Minimum Distribution” (RMD) for the calendar year in which you turn 70½, but you have until April 1 of the following year to make the withdrawal

RMDs are determined using the IRS Uniform Lifetime Table

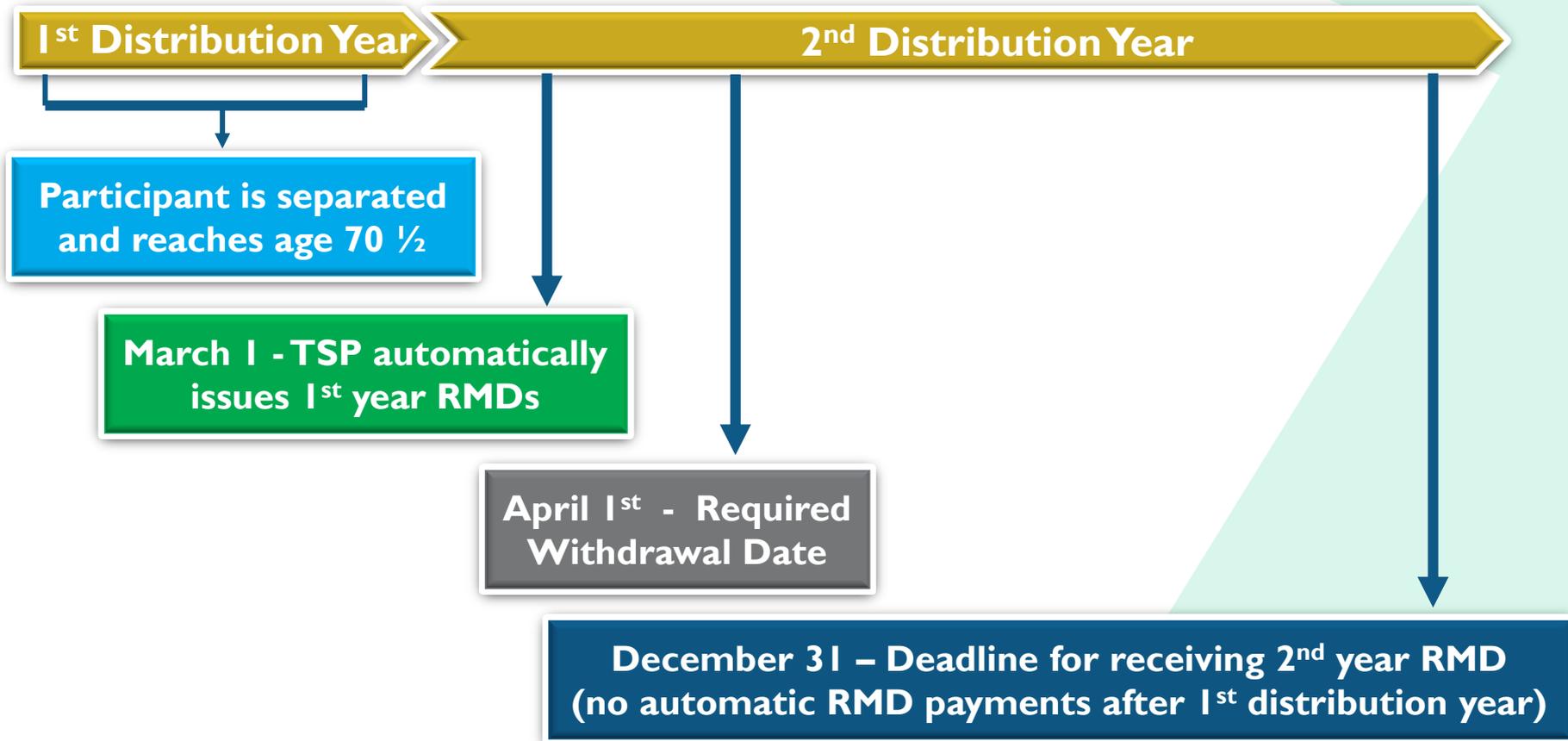
You must continue to receive RMDs from your TSP account each year thereafter so long as you have a remaining balance

If you are still a Federal employee employed at age 70½, your required withdrawal must begin by April 1 of the year following the year you separate



See TSP tax notice: Important Tax Information About Your TSP Withdrawal and Required Minimum Distributions, for more information

Required Minimum Distributions



Uniform Lifetime Table

RMD = Account Balance ÷ Distribution Period = % of account balance

Uniform Lifetime Table for Calculating Minimum Distributions*

Age	Distribution Period	Age	Distribution Period	Age	Distribution Period
70	27.4 - 3.65%	90	11.4	110	3.1
71	26.5 - 3.77%	91	10.8	111	2.9
72	25.6 - 3.91%	92	10.2	112	2.6
73	24.7 - 4.05%	93	9.6	113	2.4
74	23.8 - 4.20%	94	9.1	114	2.1
75	22.9 - 4.37%	95	8.6	115+	1.9
76	22.0 - 4.55%	96	8.1		
77	21.2 - 4.72%	97	7.6		
78	20.3 - 4.93%	98	7.1		
79	19.5 - 5.13%	99	6.7		
80	18.7 - 5.35%	100	6.3		
81	17.9	101	5.9		
82	17.1	102	5.5		
83	16.3	103	5.2		
84	15.5	104	4.9		
85	14.8	105	4.5		
86	14.1	106	4.2		
87	13.4	107	3.9		
88	12.7	108	3.7		
89	12.0	109	3.4		

Source: TSP-775, Important Tax Information About Your TSP Withdrawal and Required Minimum Distributions

Planning & Tools

Learn more about designing your investment plan

Get the most out of your retirement savings by carefully developing a plan for your TSP account.

Investment Strategy

Review a list of questions you should ask yourself before you invest, and find out how to maximize your retirement savings using the benefits of compounding, tax deferral, and account consolidation.

[Learn more](#)

Calculators

Use these calculators to help you plan for a comfortable retirement:

 [How Much Should I Save?
\(Ballpark Estimate\)](#)

 [How Much Will My Savings
Grow?](#)

 [How Much Can I Contribute?](#)

 [Paycheck Estimator](#)

 [Contribution Comparison
Calculator](#)

 [Retirement Income Calculator](#)

 [TSP Monthly Payment
Calculator](#)

 [Estimate Loan Payments](#)

Retirement Planning Phases

It is never too early or too late to take advantage of what the TSP has to offer. Consider how to make your TSP savings work for you through contribution elections, catch-up contributions, and asset allocations throughout your career and as you near retirement.

[Learn more](#)

Living in Retirement

Consider how to adjust your asset allocation and determine an effective withdrawal strategy to meet your unique needs during retirement.

[Learn more](#)



Retirement Income Calculator



About TSP Monthly Payments and Life Annuities

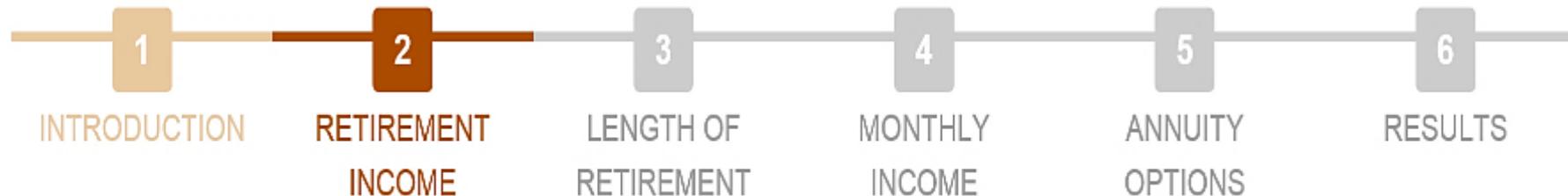
If you want monthly income from your TSP account when you separate from Federal service, you have two options:

TSP monthly payments and a **life annuity** ([View Feature Comparison Chart](#)).

This calculator will help you decide whether receiving monthly income is right for you by comparing the available options and features that might meet your needs. (If you are currently receiving TSP monthly payments and you want to do some calculations to choose a different payment amount, use the [Monthly Payment Calculator](#).)

Get Started

Retirement Income Calculator



Answer all of the questions in this calculator to help you decide which monthly income options and features meet your needs. At the end, you will be able to view and compare all your monthly income options.

What amount from your TSP account do you want to use for monthly income?

\$.00

For example: If your TSP account balance at retirement is \$500,000, and you take a [partial withdrawal](#) of \$100,000 to buy a home, you will have \$400,000 available for monthly income.

Retirement Income Calculator



Length of Retirement Planned

What is your current age?

At what age do you want to start receiving monthly income from the TSP?



Is there a withdrawal deadline?

You are required to make a withdrawal election by April 1 of the year after you turn age 70½, or April 1 of the year after you leave Federal service, whichever is later.

To what age do you expect to live?



Will you outlive your savings?

There's no way to know for sure whether your savings will last throughout your retirement, but you may spend almost as many years living in retirement as you did working. [Learn more about longevity risk](#)

Please select the month in which you were born.



[View Feature Comparison Chart](#)

◀ Previous

Continue ▶

Retirement Income Calculator



Now answer these questions about TSP monthly payments.

What amount do you want to receive each month?

\$.00

Indicate a rate of return (e.g., 5%), if you would like your calculation based on an assumed annual earnings rate. If you enter nothing here, your monthly payment calculation will not include projected earnings. [Learn more about rate of return](#)

%

[View Feature Comparison Chart](#)

◀ Previous

Continue ▶

Retirement Income Calculator



Tell us your TSP life annuity needs and preferences.

In the event of your death, is there someone who will be dependent on your TSP monthly income?

- Yes
- No



Joint Life Annuities.

If you choose any of the joint life annuities, your monthly annuity payments will be less than if you had chosen a single life annuity. Also, keep in mind that if you choose a joint life annuity with a 50% survivor benefit, the monthly annuity payment will be cut in half when either you *or* your joint annuitant dies.

[View Feature Comparison Chart](#)

◀ Previous

Continue ▶

Retirement Income Calculator



Annuity Dependent Options

Who is the person dependent on your TSP monthly income?

- Spouse
- Other

What is your joint annuitant's (spouse or other survivor) current age?

[View Feature Comparison Chart](#)

◀ Previous

Submit

Retirement Income Calculator



Your Results

Based on the information that you provided, the following payment amounts have been calculated for you. Click on the following tabs to see all of the payment options and amounts available to you.

Overview **TSP Monthly Payments** Single Life Annuity Joint Life with Spouse Annuity Joint Life with Other Survivor Annuity

TSP Monthly Payments

Change Options

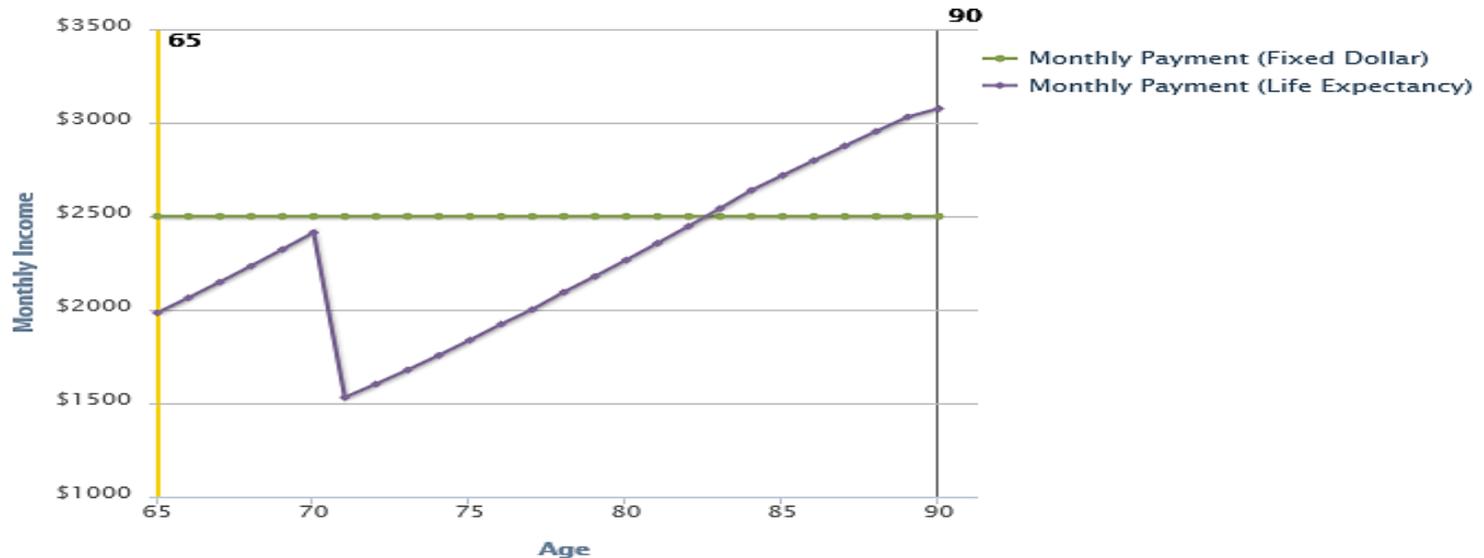
Printer-Friendly Report

Graph Table Combined

Monthly Income by Age in Retirement

Roll over the graph below to view your monthly income amounts by age in retirement.

Click on the items below to view or hide them on the graph.



Retirement Income Calculator



Your Results

Based on the information that you provided, the following payment amounts have been calculated for you. Click on the following tabs to see all of the payment options and amounts available to you.

Estimated monthly annuity payments are based on an annuity interest rate index of: 1.875%.

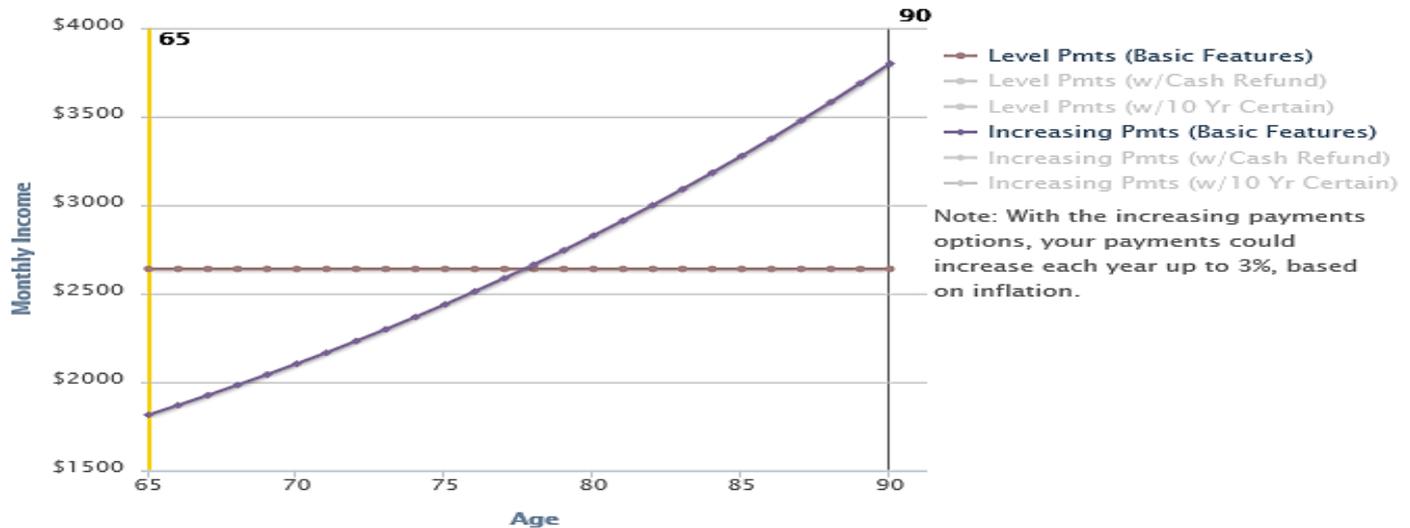
Overview TSP Monthly Payments **Single Life Annuity** Joint Life with Spouse Annuity Joint Life with Other Survivor Annuity

Single Life Annuity [Change Options](#) [Printer-Friendly Report](#)

Graph Table Combined

Monthly Income by Age in Retirement

Roll over the graph below to view your monthly income amounts by age in retirement. Click on the items below to view or hide them on the graph.



Retirement Income Calculator



Your Results

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Overview | TSP Monthly Payments | Single Life Annuity | **Joint Life with Spouse Annuity** | Joint Life with Other Survivor Annuity

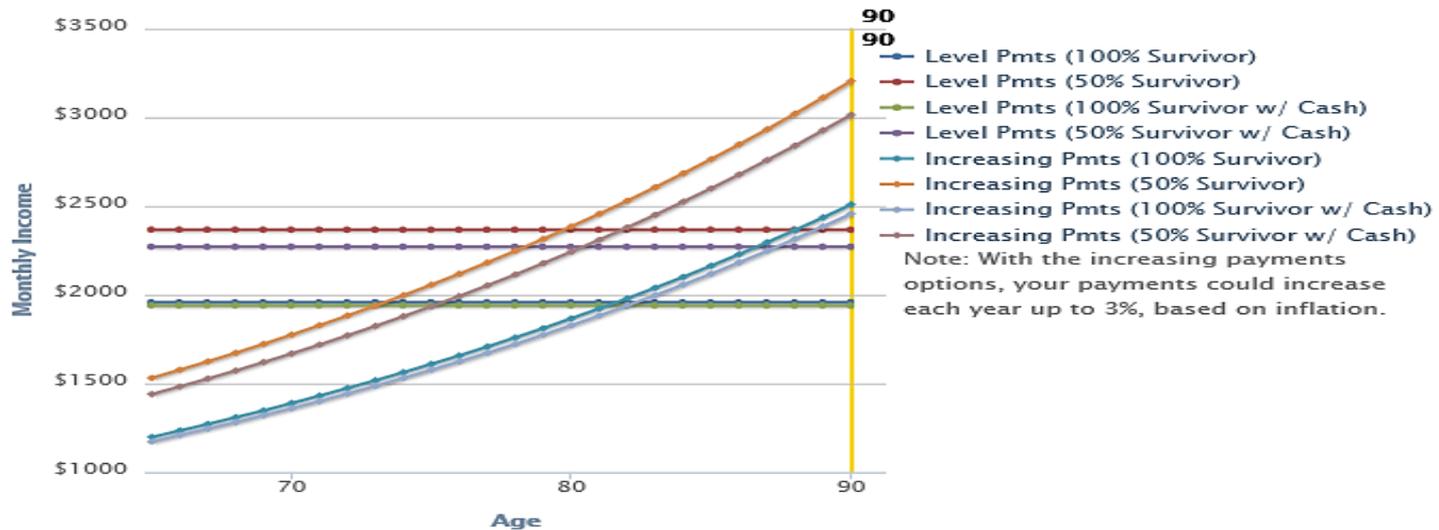
Joint Life with Spouse Annuity [Change Options](#) [Printer-Friendly Report](#)

Graph Table Combined

Monthly Income by Age in Retirement

Roll over the graph below to view your monthly income amounts by age in retirement.

Click on the items below to view or hide them on the graph.



Age	Level Payments				Increasing Payments			
	100% Survivor	50% Survivor	100% Survivor w/Cash	50% Survivor w/Cash	100% Survivor	50% Survivor	100% Survivor w/Cash	50% Survivor w/Cash
65	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,198.00	\$1,531.00	\$1,173.00	\$1,440.00
66	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,234.00	\$1,577.00	\$1,209.00	\$1,483.00
67	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,271.00	\$1,624.00	\$1,245.00	\$1,527.00
68	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,309.00	\$1,673.00	\$1,282.00	\$1,573.00
69	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,348.00	\$1,723.00	\$1,321.00	\$1,620.00
70	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,389.00	\$1,775.00	\$1,360.00	\$1,669.00
71	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,431.00	\$1,828.00	\$1,401.00	\$1,719.00
72	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,474.00	\$1,883.00	\$1,443.00	\$1,771.00
73	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,518.00	\$1,939.00	\$1,487.00	\$1,824.00
74	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,563.00	\$1,997.00	\$1,531.00	\$1,879.00
75	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,610.00	\$2,057.00	\$1,577.00	\$1,935.00
76	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,658.00	\$2,119.00	\$1,624.00	\$1,993.00
77	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,708.00	\$2,182.00	\$1,673.00	\$2,053.00
78	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,759.00	\$2,248.00	\$1,723.00	\$2,114.00
79	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,812.00	\$2,315.00	\$1,775.00	\$2,178.00
80	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,867.00	\$2,385.00	\$1,828.00	\$2,243.00
81	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,923.00	\$2,456.00	\$1,883.00	\$2,310.00
82	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$1,980.00	\$2,530.00	\$1,940.00	\$2,380.00
83	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$2,040.00	\$2,606.00	\$1,998.00	\$2,451.00
84	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$2,101.00	\$2,684.00	\$2,058.00	\$2,525.00
85	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$2,164.00	\$2,765.00	\$2,119.00	\$2,600.00
86	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$2,229.00	\$2,848.00	\$2,183.00	\$2,678.00
87	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$2,296.00	\$2,933.00	\$2,248.00	\$2,759.00
88	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$2,365.00	\$3,021.00	\$2,316.00	\$2,841.00
89	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$2,436.00	\$3,112.00	\$2,385.00	\$2,927.00
90	\$1,958.00	\$2,367.00	\$1,941.00	\$2,271.00	\$2,509.00	\$3,205.00	\$2,457.00	\$3,014.00

Other Considerations

Withdrawal Rules



Spouses' Rights

Retirement Plan	Requirement*	Exceptions†
FERS or Uniformed Services	Notarized spouse signature required**	Whereabouts unknown or exceptional circumstances - TSP-16 or TSP-U-16 required
CSRS	Spouse is entitled to notification of the participant's withdrawal election	Whereabouts unknown - TSP-16 required

*If account balance is less than \$3,500, spouse's signature/notice is not required

**If married but no spouse signature: Spouse is entitled to a Joint Life Annuity with 50% Survivor Benefits, Level Payments, and no cash refund feature

†Waiver of spouse's signature/notification valid for 90 days from approval



Tax Withholdings & Portability

Type of Payment	Eligible for transfer or rollover?	Federal income tax withholding rate
Lump sum distributions: Single payments, age-based and partial withdrawals, final withdrawal following a series of monthly payments	Yes	20% (mandatory) unless transferred
Monthly payments for less than 10 years	Yes	20% (mandatory) unless transferred
Monthly payments for 10 years or more	No	As if Married w/3 (may be changed or waived)
Monthly Payments based on life expectancy	No	As if Married w/3 (may be changed or waived)

See TSP-536, *Important Tax Information About Payments From Your TSP Account*

Changing Payment Scenario

	Before (2016)	After (2016)
Opening Balance	\$105,000	\$100,000
Monthly Payment	\$800	\$850
Estimated # of Payments	132	117.6
Payment type	Periodic Payments	Eligible Rollover Distribution
Withholding	As if married with 3 dependents (\$0)	\$170
Net Payment	\$800	\$680

Eligible Rollover Distributions

TSP Account

Traditional
Balance

Roth
Balance

Transfer

(any whole %
from 0-100%)

Traditional

Eligible Rollover
Distribution

Roth

Transfer

(any whole %
from 0-100%)

Traditional IRA,
eligible employer plan,
or Roth IRA

Roth IRA or
eligible Roth
employer plan

Traditional

Roth

(any whole %
from 0-100%)

(any whole %
from 0-100%)

Distribution to Participant

Whatever isn't transferred will be distributed

Tax-deferred distributions are eligible to be rolled
over to another qualified plan within 60 days

Exceptions to the IRS Early Withdrawal Penalty

The 10% IRS Early Withdrawal Penalty does not apply to payments that are:

- Received at age 59½ or later
- Received after you separate/retire during or after the year you reach age 55 (or the year you reach **age 50 if you are a public safety employee as defined in section 72(t)(10)(B)(ii) of the IRC**)
- TSP monthly payments based on life expectancy
- Lifetime annuity payments
- Ordered by a domestic relations order
- Made because of death
- Made from a beneficiary participant account
- Received in a year you have deductible medical expenses that exceed 10% of your adjusted gross income (7.5% if you or your spouse is 65 or over)
- Received as a result of total and permanent disability
- Received by military reservists called to active duty for at least 180 days



TSP Death Benefits

Planning Your Legacy



TSP Death Benefits

- To Whom?
 - Based on Form TSP-3, Designation of Beneficiary
 - Participant is responsible for mailing or faxing form directly to TSP
 - Do not submit forms to agency/service!
 - If no TSP-3 on file at TSP, payment is by statutory order of precedence:
 - 1) Spouse, 2) natural and adopted children,
 - 3) parents, 4) estate, 5) next of kin
- How paid?
 - Death reported on Form TSP-17, Information Relating to Deceased Participant
 - The beneficiary will receive IRS Form 1099-R reporting the distribution

THRIFT SAVINGS PLAN
DESIGNATION OF BENEFICIARY

TSP-3

I. PARTICIPANT INFORMATION—This applies to my: Civilian Uniformed Services Beneficiary Participant Account

Last Name: _____ First Name: _____ Middle Name: _____
 TSP Account Number: _____ Date of Birth (mm/dd/yyyy): _____ Daytime Phone (Area Code and Number): _____
 Street Address or Box Number: _____ Foreign address? Check here.
 Street Address Line 2: _____
 City: _____ State: _____ Zip Code: _____

II. CANCELLATION—To cancel all previous designations without designating new beneficiaries, check the box below. In the event of your death, payment from the TSP will be made according to the statutory order of precedence set by the United States Code (5 U.S.C. § 8424(d)).
 Check here only to cancel all prior beneficiary designations without naming new beneficiaries. (Also complete Section V.)

III. PRIMARY BENEFICIARY DESIGNATIONS

Relationship to you: Spouse Other Individual Trust Estate Legal Entity/Corporation **Share:** _____%

Name of Individual (Last, First, Middle) (Trust/Estate/Legal Entity or Corporation): _____ SSN/EIN (Tax ID): _____
 Name of Trustee/Executor (if applicable): _____ Date of Birth (mm/dd/yyyy): _____
 Address: _____ Foreign address? Check here.

Relationship to you: Spouse Other Individual Trust Estate Legal Entity/Corporation **Share:** _____%

Name of Individual (Last, First, Middle) (Trust/Estate/Legal Entity or Corporation): _____ SSN/EIN (Tax ID): _____
 Name of Trustee/Executor (if applicable): _____ Date of Birth (mm/dd/yyyy): _____
 Address: _____ Foreign address? Check here.

Relationship to you: Spouse Other Individual Trust Estate Legal Entity/Corporation **Share:** _____%

Name of Individual (Last, First, Middle) (Trust/Estate/Legal Entity or Corporation): _____ SSN/EIN (Tax ID): _____
 Name of Trustee/Executor (if applicable): _____ Date of Birth (mm/dd/yyyy): _____
 Address: _____ Foreign address? Check here.

IV. SIGNATURES—This entire form is valid **only** if all pages are signed, dated, and then **witnessed by the same person**. The witness must be **age 21 or older** and **cannot** be a primary or contingent beneficiary of any portion of this TSP account. By signing below, the witness affirms that the participant either signed in the witness's presence or informed the witness that he or she signed it earlier.

Participant Signature: _____ Date Signed (mm/dd/yyyy): _____ Check here and go to Page 2 if naming more than 3 primary beneficiaries.
 Witness Signature: _____ Date Signed (mm/dd/yyyy): _____
 Witness Print Full Name: _____

Do Not Write In This Section

FORM TSP-3, Page 1 (5/2017)
PREVIOUS EDITIONS OBSOLETE



For more information, see tsp.gov/lifeevents or the TSP booklet, "Death Benefits"

Spouse Beneficiaries

- Will have a beneficiary participant account (BPA) established upon notification of death of TSP participant
- Will automatically be invested in an L fund based on the beneficiary participant's date of birth
- Will have same investment and withdrawal options as separated TSP participants
 - BPA accounts cannot accept transfers or rollovers from other plans or IRAs
 - Interfund transfers follow same rules that apply to all account holders



Spouse Beneficiaries

- Spouse may designate beneficiaries using Form TSP-3
- Death benefit payments from a BPA are single payments to the designated beneficiaries
 - Cannot be transferred or rolled over to an IRA (to include inherited IRA) or eligible employer plan
- Required Minimum Distributions from BPA:
 - Begin date is based on age of the deceased TSP participant
 - Amount is based on age of the beneficiary



Considerations with BPA Transfers

	BPA	Other Employer Plan	IRA
Successor Beneficiaries	Death benefit payments to successor beneficiaries may not be transferred or rolled over	Death benefit payments to successor beneficiaries may be transferred or rolled over	Death benefit payments to successor beneficiaries may be transferred or rolled over
Early Withdrawal Penalty	No penalty on early distributions	No penalty on distributions after age 59½ Exceptions exist – see “exceptions slide”	No penalty on distributions after age 59½ (other exceptions may apply)
Spousal Rights	Spousal rights not applicable	Spousal rights apply <i>per</i> applicable laws and plan rules	Spousal rights not applicable
Required Minimum Distributions	Required beginning date based on age of deceased participant & Required payment amount based on spouse’s age	Required beginning date based on when beneficiary turns 70½ or retires, whichever is later	Required beginning date based on when beneficiary turns 70½

Non-Spouse Beneficiaries

- Paid as a single payment
 - Taxable portion of payments to beneficiary subject to 20% tax withholding
 - Payments transferred to an inherited IRA account not subject to withholding
- Inherited IRAs
 - Allows non-spouse beneficiaries to take the IRC Required Minimum Distribution amount based on their age
 - The remaining balance continues to grow
 - Each year the IRC minimum required distribution increases slightly
 - Beneficiaries may want to seek assistance of a tax professional to discuss options



To Help Your Transition Go Smoothly...

- Read:
 - Withdrawing Your TSP account After Leaving Federal Service booklet
 - TSP-536, Important Tax Information About Payments from Your TSP Account
- Ensure that personal data on file with the TSP is correct
- Make sure your agency reports your separation to the TSP before submitting withdrawal forms
- If you have a TSP loan, it must be repaid or declared a taxable distribution before your withdrawal can be submitted and processed
- Consider using the online withdrawal wizards to ensure that forms are complete and in good order – and keep a copy for your records



Remember . . .

- Married FERS and uniformed services participants must print their withdrawal form from the TSP website, and provide notarized participant and spousal signatures
- Stay in touch! You are responsible for updating your TSP address once you are separated
 - Via TSP-9, Website or ThriftLine



Resources for Participants

Getting Help





The TSP is Turning 30 This Year!

[Learn More](#)

1 2 3

MY ACCOUNT

TSP Account Number
 User ID

.....

Password

.....

[Help](#) [Log In](#)

[Protect Your TSP Account](#)

[My Account](#) | [Plan Participation](#) | [Investment Funds](#) | [Planning & Tools](#) | [Life Events](#) | [Participant Support](#)

Enter search term(s)

Text size:

Plan Participation

How to set up and manage your TSP account

- TSP and Your Retirement
- Enrolling in the TSP
- Investing Contributions
- Protect Your TSP Account

[Learn more >](#)

Investment Funds

Information on TSP fund options and performance

- Fund Comparison
- Lifecycle Funds
- Share Prices
- Monthly Returns

[Learn more >](#)

Planning & Tools

Retirement planning and tools for all career stages

- Before You Invest
- Maximize Your TSP Savings
- Calculators

[Learn more >](#)

Life Events

Help with life events affecting your TSP account

- Entering Gov't Service
- Called to Active Duty
- Family Changes

[Learn more >](#)

- BULLETIN BOARD**
- [Annual participant statements](#)
 - [IRS Form 1099-R](#)
 - [4th quarter participant statements are online and in the mail](#)
 - [Warning: Third-Party Mobile Applications](#)
 - [2017 Contribution Limits](#)
 - [Help for Hurricane Matthew victims](#)
 - [The TSP is now on Facebook](#)
 - [Tips for Protecting Your Account](#)
 - [Stick to Your Plan](#)
 - [Update: Information for Federal Public Safety Employees](#)

- QUICK LINKS**
- [Change Your Address](#)
 - [Forms & Publications](#)
 - [Loan and Annuity Rates](#)
 - [Fund Performance](#)
 - [Contribution Limits](#)
 - [Email Updates](#)
 - [TSP Training for Benefits Officers](#)
 - [Frequently Asked Questions](#)

- ACCOUNT SHORTCUTS**
- [Account Balance](#)
 - [Recent Transactions](#)
 - [Contribution Allocation](#)
 - [Interfund Transfer](#)
 - [Statements](#)

Access Your TSP Account

My Account

Plan Participation

Investment Funds

Planning & Tools

Life Events

Participant Support



The screenshot shows the 'MY ACCOUNT' section of the Thrift Savings Plan website. It features the Thrift Savings Plan logo at the top left. Below the logo, the text 'MY ACCOUNT' is displayed next to a person icon. There are two radio button options: 'TSP Account Number' (which is selected) and 'User ID'. The 'TSP Account Number' option has three input fields. Below these fields is the word 'OR'. The 'User ID' option has a single input field. Below the input fields is a link that says 'Forgot your account number or user ID?'. At the bottom right of the form is a 'Log In' button.

View account balance

View Annual & Quarterly Statements

Change contribution allocation

Request interfund transfers

Request loans and withdrawals

Create (or change a user ID)

Change or request a Web password



Contacting the TSP



Thrift Savings Plan
@tsp4gov

**YOUR PLAN.
YOUR FUTURE.**

tsp.gov

You may also visit **TSP.GOV** and log into "My Account" to perform many of these transactions and inquiries.

Follow us on:

THRIFT SAVINGS PLAN
ThriftLine
1-877-968-3778

Available 24 hours a day, 7 days a week.

Outside the U.S. and Canada:
404-233-6400
TDD: 1-877-647-4388

Notes

Protect your TSP account. Learn more at tsp.gov/protect

TSP4gov is the official **YouTube** channel of the Thrift Savings Plan

[Learn more](#)

TSP IS NOW ON TWITTER!

FOLLOW US @TSP4GOV

Secure Message Center: Civilian

Answer Center Messages

The answers to many of your questions can be found right here in the Message Center. If you don't see your question in the list of frequently asked questions, you can search for the answer using our search tool below.

Find an Answer



TSP Publications

